

Love Travel Planning · allergy translation cards · English (UK) · FRONTS · top left combined, top right peanut, bottom left tree nut, bottom right sesame

Print at 100% (no page scaling), single sided or duplex flipped on the long edge. Cut along the marks.

Combined

I have a severe **peanut, tree nut** and **sesame** allergy.



Peanut



Tree nut



Sesame

Walnuts, almonds, hazelnuts, cashews, pistachios, Brazil nuts

Please check with the kitchen that the food does not contain these allergens. lovetravelplanning.com

Peanut

I have a severe **peanut** allergy.



Peanut

Please check with the kitchen that the food does not contain this allergen. lovetravelplanning.com

I have a severe **tree nut** allergy.



Tree nut

Walnuts, almonds, hazelnuts, cashews, pistachios, Brazil nuts

Please check with the kitchen that the food does not contain this allergen. lovetravelplanning.com

I have a severe **sesame** allergy.



Sesame

Please check with the kitchen that the food does not contain this allergen. lovetravelplanning.com

Tree nut

Sesame

Love Travel Planning · allergy translation cards · English (UK) · BACKS

Duplex, flip on the long edge. The grid is symmetrical, so all four backs register with the fronts.

Love Travel Planninglovetravelplanning.com This is a <u>life-threatening</u> allergy, and I do carry an EpiPen adrenaline auto-injector. If I have a reaction please ring the emergency services as quickly as possible. This visitor speaks English. Local emergency number: 999 also 112 Free in 19 languages at lovetravelplanning.com English 	Love Travel Planninglovetravelplanning.com This is a <u>life-threatening</u> allergy, and I do carry an EpiPen adrenaline auto-injector. If I have a reaction please ring the emergency services as quickly as possible. This visitor speaks English. Local emergency number: 999 also 112 Free in 19 languages at lovetravelplanning.com English 
Love Travel Planninglovetravelplanning.com This is a <u>life-threatening</u> allergy, and I do carry an EpiPen adrenaline auto-injector. If I have a reaction please ring the emergency services as quickly as possible. This visitor speaks English. Local emergency number: 999 also 112 Free in 19 languages at lovetravelplanning.com English 	Love Travel Planninglovetravelplanning.com This is a <u>life-threatening</u> allergy, and I do carry an EpiPen adrenaline auto-injector. If I have a reaction please ring the emergency services as quickly as possible. This visitor speaks English. Local emergency number: 999 also 112 Free in 19 languages at lovetravelplanning.com English 